

Anti-bullying Policy for Children

Darlinghurst Academy



Our values and beliefs

- At our academy, we believe that every child and adult has the right to be respected, valued and nurtured so bullying is unacceptable.
- Children who feel bullied have the right to be supported and helped by others.

What is bullying?

S.T.O.P

**Several
Times
On
Purpose**



Forms of Bullying



- **Cyber** - sending nasty emails, online messages, texts or putting things online about someone else as well as making nasty phone calls



- **Physical** - kicking, hitting and damaging other people's property



- **Verbal** - name calling, threatening others and making unkind comments



- **Indirect** e.g. spreading nasty rumours, leaving someone out from social groups or gossiping about them

What happens when someone is bullied

- You must inform an adult
 - Both sides of the story will be listened to
- You will be supported, listened to and there will be an understanding
 - The situation will be investigated
- Bullies and their parents will be spoken to and consequences will be given



How do we prevent bullying?

Start Telling Other People

Tell all trusted adults in our school.

Mrs Wheeler – Behaviour support

Mrs Hahn, Mrs Grant – Safeguarding Leaders

Your responsibilities

- Start telling other people
- Be an upstander, not a bystander
- Follow our rule of respect – Be respectful in our relationships
- Follow our Academy values and British Values .
Show Belonging, Tolerance and Mutual Respect.
- Show rainbow words to others: kindness, trustworthiness, courage and honesty



Use Your POWER FOR GOOD

5 Skills to Help Stop Bullying



Speak up

If you see bullying or unkindness, use your voice and say something.



Have courage

Being brave helps us to do the right thing, even when it's difficult.



Show Kindness

Be helpful towards others with small acts of kindness.



Show Teamwork

Include others and celebrate what makes us unique.



Ask for Help

Get support from a trusted adult when you need it.